



Mercia Primary Academy Trust

Sex and Relationship Education Policy (SRE)

Date: March 2020

Review Date: March 2023

Sex and relationships will be taught as part of our PSHE and science programme in a sensitive way with regard for children's age and understanding. We will promote the importance of caring families.

SRE for infants is about being healthy and provides a basic start for young children to develop relationships and communication skills.

We believe SRE will help children develop:

- confidence in talking
- listening to others
- thinking about feelings
- self-esteem
- assertiveness
- friendship skills

Most SRE will be taught in the context of relationships, therefore we will support children in forming and maintaining worthwhile and satisfying relationships. This will be based on respect for oneself and for others at school, home and in the community.

We intend that skills and knowledge attained will form the basis of future learning.

We intend that SRE will enable children to grow up healthily and confidently knowing about the emotional and physical effects of a changing and growing body so that they may be able to protect themselves and ask for help and support if needed.

Aims

- 1 To foster children's self-respect, self-esteem, self worth with an understanding of their rights over their own bodies.
- 2 To teach that humans can produce babies and these babies grow into children and then into adults
- 3 To establish mutual respect and care within their relationships
- 4 To give children the confidence to ask questions which can be answered simply and straightforwardly using appropriate language, which they can understand.

Practices

We will use resources throughout our school, which are designed to support us in the work we are doing to develop our school as a community that promotes social, emotional and behavioural skills.

We will use a cross curricula approach to sex education as part of our PSHE programme. This will be suitable for the children's age and stage of development. We will use opportunities which arise in children's lives e.g. a new baby in the family, caring for, keeping and observing animals.

Parents who may have concerns about any issues should contact Mr R Lane Headteacher.

Monitoring, evaluation and review

The school will review this policy annually and assess its implementation and effectiveness.

Signed

Director, Mercia Primary Academy Trust

Date: March 2020
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Date of original policy Jan 2014

Version control

Date approved	Version	Changes made	Reason for amendment
Jan 2014	1		
February 2016	2	none	
July 2018	2	none	
March 2020	2	none	