

Mercia Primary Academy Trust



Sex and Relationship Education Policy

Policy Status and Review

Date:	July 2026
Review Date:	September 2029
Signed by Director:	Garry Hirons
Date Signed:	08/07/2026

Sex and Relationship Education Policy

Sex and relationships will be taught as part of our PSHE and science programme in a sensitive way with regard for children's age and understanding. We will promote the importance of caring families.

SRE for infants is about being healthy and provides a basic start for young children to develop relationships and communication skills.

We believe SRE will help children develop:

- confidence in talking
- listening to others
- thinking about feelings
- self-esteem
- assertiveness
- friendship skills

Most SRE will be taught in the context of relationships, therefore we will support children in forming and maintaining worthwhile and satisfying relationships. This will be based on respect for oneself and for others at school, home and in the community.

We intend that skills and knowledge attained will form the basis of future learning.

We intend that SRE will enable children to grow up healthily and confidently knowing about the emotional and physical effects of a changing and growing body so that they may be able to protect themselves and ask for help and support if needed.

Aims

- 1 To foster children's self-respect, self-esteem, self-worth with an understanding of their rights over their own bodies.
- 2 To teach that humans can produce babies and these babies grow into children and then into adults
- 3 To establish mutual respect and care within their relationships
- 4 To give children the confidence to ask questions which can be answered simply and straightforwardly using appropriate language, which they can understand.

Practices

We will use resources throughout our school, which are designed to support us in the work we are doing to develop our school as a community that promotes social, emotional and behavioural skills.

We will use a cross curricula approach to sex education as part of our PSHE programme. This will be suitable for the children's age and stage of development. We will use opportunities which arise in children's lives e.g. a new baby in the family, caring for, keeping and observing animals.

Parents who may have concerns about any issues should contact Mr R Lane Headteacher.

Monitoring, evaluation and review

The school will review this policy annually and assess its implementation and effectiveness.

Sex and Relationship Education Policy

This information can be made available in a range of formats and languages, including Braille and large print. If this would be useful to you or someone you know, please contact your Directorate HR Unit.

A signed copy of this document is available from the school office.

Version control

Date approved	Version	Changes made	Reason for amendment
Jan 2014	V1	Policy introduction	Accessibility
February 2016	V2	None	Accessibility
July 2018	V3	None	Accessibility
Oct 2020	V4	None	Accessibility
March 2021	V5	Added range of formats	Accessibility
July 2026	V6	Policy review – no changes	Accessibility